



Maria Nieves Martinez
High School Counselor

Maria Nieves has a Master's Degree in Clinical Psychology from the Latina University of Costa Rica, where she worked with an NGO providing psychological care. She specializes in working with children and teenagers. Maria participated in the XI Young Researchers Conference (UCA), where she earned 3rd place with her thesis on a therapeutic game for APROQUEN patients.

In addition to her degree, Maria has taken courses in advanced psychotherapy, trauma management, and crisis intervention. She also attended the Summer Institute of Conscious Discipline, where she deepened her skills in fostering emotional intelligence and positive behavior in young people.

Maria was the only representative from Nicaragua at the I Congress of Positive Discipline in Latin America, contributing her expertise to support families and educators. She has completed the OLWEUS Bullying Prevention Program and Child Protection Level One training, and is an active member of the Safe Environment Team. With 14 years of experience in clinical care, Maria has been dedicated to supporting the psychological well-being of children and teenagers in psychiatric settings. For the past nine years, she has passionately served as a school counselor.



Lucia Paredes
Middle School Counselor

Ms. Lucía Paredes joins our team to strengthen the support for our students, their families, and teachers with a warm, professional, and caring approach.

With over 20 years of experience in psychology, she has worked with pediatric oncology patients, providing emotional support to them and their families.

Additionally, she has a 10-year trajectory in educational psychology, guiding children, parents, and teachers in their overall development, promoting socio-emotional well-being, and strengthening the connection between home and school.



Amanda Browne
Elementary School Counselor

We are excited to welcome Amanda Browne as our new Elementary School Counselor! With over 9 years of experience in education, Amanda brings a wealth of knowledge and a passion for helping children thrive. In addition to her work with young students, she also offers clinical psychology support for adolescents and adults.

Amanda's dedication to providing essential educational and socio-emotional guidance helps foster the growth and well-being of every child she works with. Her vibrant and energetic personality is a perfect match for our school community, where her enthusiasm for learning and sharing shines through in everything she does!



María José García
Elementary School Counselor

We are delighted to welcome María José García as our new Elementary School Counselor!

With over nine years of experience in education, María José has dedicated her career to supporting children's learning and development through a strong foundation in academic guidance, social-emotional growth, and neurodevelopmental support.

Throughout her professional journey, she has worked closely with students, teachers, and families to promote academic achievement, emotional regulation, and positive learning habits. Her background in behavioral psychology enables her to provide personalized strategies that help students overcome challenges and reach their full potential.

María José's passion for helping children thrive, combined with her empathy and dedication to education, makes her a wonderful addition to our school community. We are confident that her professionalism, warmth, and commitment to student success will have a meaningful impact on our Elementary School.



Lucia Lacayo
Preschool Counselor

We're so excited to welcome Ms. Lucia Lacayo to our LIA preschool family! She earned her Bachelor of Arts in Psychology from The University of Texas at Austin and is a proud mom of two LIA students.

Even though she's new to the classroom setting, her passion for working with young children shines through in everything she does. She's eager to learn and grow alongside them and is committed to creating a warm, inclusive, and supportive environment where every child feels happy, confident, and ready to learn.

She truly believes that every day is a new opportunity to explore, discover, and connect.

We're so happy to have her with us!