

Counseling Dept.



Melissa Lugo
Preschool to 5th grade
School Counselor

Melissa studied Psychology at Keiser University and has a certification in Human Talent Management and Positive Psychology.

She's been working with children for more than seven years, also has vast experience detecting students with learning disabilities and guiding them and their families within the process.

Having students' needs as a priority, she is always open and accessible for both students and parents. Ms. Melissa is an enthusiastic and positive element in our team. She is part of the LIA Safe Environment Team.







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Maria Nieves Martinez 6th to 12th grade School Counselor

Maria Nieves has a Master's Degree in clinical psychology from the Latina University of Costa Rica, where she worked in a ONG providing psychological attention. She is specialized in working with children and teenagers.

She participated in the XI Young Researchers Conference (UCA) obtaining 3rd place. Her thesis was about a therapeutic game for patients of APROQUEN. She has also taken courses of continuing education that include higher diploma in psychotherapy, knowledge in the management of trauma and crisis intervention. Maria Nieves completed the OLWEUS Bullying Prevention program training and is part of the LIA Safe Environment Team.

She has 14 years of experience in clinical care providing support and psychological treatment to children and teenagers within the psychiatric field and has been working 8 years as a counselor in schools.



